

Foundation for Children with Diabetes/Bursa Type 1 Diabetes Association

Support/Solidarity Program for Children with Type 1 Diabetes and Their Families Living in the Earthquake Zone

Purpose: To provide medium and long-term assistance to children with type 1 diabetes and their families who were affected by earthquake disasters and to support them in repairing their lives.

Coverage: Considering that the population of the earthquake area is 15 million, it is estimated that 4500 children with type 1 diabetes under the age of 18 are in the region. This program covers children with type 1 diabetes and their families.

Resource: To be provided by donations and the available resources of the Foundation for Children with Diabetes and the Association of Type 1 Diabetes. The collected resources will be managed by the Foundation for Children with Diabetes through its bank account.

Process: Initially, a thorough plan will be established to assess the extent of the earthquake's effect on children with type 1 diabetes and their families in the affected area, and to determine their short-term and long-term needs, including financial assistance, medical supplies, education and emotional support, participation in diabetes camps, and others. Accordingly, a detailed plan will be established to allocate the resources.

Main activities: The following activities are planned in the medium and long term. New activities will be added as needed over time.

- 1. To provide regular financial support to the families most severely affected by the earthquake and to people in need.
- 2. Pairing the families in the earthquake area with the families of children with type 1 diabetes in other regions for peer support, thus providing social/economic/educational solidarity, and if feasible, facilitating temporary hosting arrangements by the matched families.
- 3. Establishing a "Mental support network" for children and families, conducting online sessions for this purpose, and facilitating direct communication.
- 4. To provide blood glucose monitoring strip, sensor, insulin pump equipment supports to families in need.
- 5. To provide gluten-free product support to families in need.
- 6. To provide counseling and guidance to families who migrated to other provinces temporarily or permanently, and to create a volunteer network in these provinces.

- 7. To organize "My Friend Diabetes Earthquake Zone Family-Camp" for children with type 1 diabetes and their families from the earthquake zone as soon as possible (May-June 2023), and also to ensure the participation of children from the region in the camps to be held this year.
- 8. Providing books, stationery, volunteer teacher support to ensure that the general education of children with diabetes affected by the earthquake is not interrupted
- 9. To support children with diabetes brought to Darüşşafaka.
- 10. Adding sessions titled "What should be considered in case of impossibilities or disasters?" to the training programs in the diabetes camps.
- 11. Creating a new tab at www.Arkadasimdiyabet.com, for announcements and contact for this program.

Program management

Prof. Dr. Sukru Hatun (Coordinator)

Özlem Bodur (Coordinator)

Prof. Dr. Oguzhan Deyneli

Prof. Dr. Gül Yeşiltepe Mutlu (Coordinator)

Yadigâr Aydın (Bursa Association of Type 1 Diabetes) (Coordinator)

Dr. Elif Eviz

Dietitian Tugba Gokce

Nurse Ecem Can

Psychologist Serra Muradoğlu

Cenk Huri (Earthquake Zone) (Coordinator)

Bengi Özgür (Earthquake Zone)

Demir Eren (Earthquake Zone)

Serkan Atak (Coordinator)

Feyzan Bostancı

Neslihan Hosgor

Tuba Muftuoglu

Humeyra Ozturk

Hülya Yurdakul

Esra Özatalay

Ayşem Büyüksökmen (Sensor support organization)

Sevde Karaaslan (US and international relations)

Kağan Ege Karakuş (International relations)

All together.

Contributions can be received at:

Diyabetli Çocuklar Vakfı

Türkiye İş Bankası Kocaeli Üniversite Şubesi

Hesap No: 2407-591751

IBAN: TR71 0006 4000 0012 4070 5917 51 USD IBAN: TR33 0006 4000 0022 4070 1926 93